

Saturday 7th September 2013

1100 - 1200	Conference registration	
1200 - 1250	Hot and Cold Buffet Lunch	The Brasserie {Lower Ground Floor}
1300 - 1330	Directors Welcome Professor Dawn Skelton, Dr Susie Dinan-Young and Bob Laventure	The Stothert Room {Lower Ground Floor}
1330 - 1400	Keynote: Forgotten PSI Progressions: Exercises from the cutting room floor of FaME – Professor Dawn Skelton	The Stothert Room
1400 - 1430	Keynote: What increases attendance and adherence to sessions? - Dr Helen Hawley-Hague	The Stothert Room
1445 - 1615	Choice of WORKSHOP 1	See Programme
1615 - 1635	Refreshments	
1645 - 1815	Choice of WORKSHOP 2	See Programme
1945	Gala Dinner – Meeting in the Blue Room for drinks	The Brasserie

Sunday 8th September 2013

0830 - 0910	Conference registration	
0915 - 0945	Directors Welcome for Sunday Delegates (Refreshments and networking for delegates attending both days)	The Stothert Room {Lower Ground Floor}
0945 - 1015	Keynote: Dementia: Evidence and implementation of exercise/physical activity – Clare Leonard	The Stothert Room
1030 - 1200	Choice of WORKSHOP 3	See Programme
1200 - 1250	Hot and Cold Buffet Lunch	The Brasserie {Lower Ground Floor}
1300 - 1330	Keynote: Fear of Falling: Measurement and effect on exercise - Dr Kim Delbaere	The Stothert Room
1345 - 1515	Choice of WORKSHOP 4	See Programme
1515 - 1535	Refreshments Break	
1545 - 1630	Directors Messages, Summary and Close	The Stothert Room
☺ Thank you and Safe Travels ☺		